**Reception (EYFS)**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Teaching Activities/ Skills** | Fundamentals  Unit 1 & 2 | Multiskills – Ball Skills | Gymnastics | Games – Unit 2  Throwing and Catching | Dance – Storybook approach | OAA  Athletics (2 running, 2 jumping, 2 throwing) |
| **Resources to support teaching** | Get Set 4 PE | Get Set 4 PE  TOP Play cards | Get Set 4 PE | Get Set 4 PE | Get Set 4 PE  TOP Play cards | OAA Folder  TOP Play cards |
| **Link to Upcoming Festivals** |  |  |  |  |  |  |

**Year 1**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Teaching Activities/ Skills** | Multiskills – Sending and receiving (large ball)  Multiskills – Target games | Dance – Storybook approach | Gymnastics | Multiskills – Net and Wall | Athletics (2 running, 2 jumping, 2 throwing) | Multiskills – Striking and Fielding  OAA – Team Building |
| **Resources to support teaching** | Get Set 4 PE  TOP Play cards | Get Set 4 PE  TOP Play cards | Get Set 4 PE | Get Set 4 PE  TOP Play cards  QCA core task cards | Get Set 4 PE  Elevating Athletics | Get Set 4 PE  TOP Play cards |
| **Link to Upcoming Festivals** | KS1 Multiskills |  |  |  |  |  |
| **National Curriculum Link** | *Master basic movements including throwing and catching* | *Perform dances using simple movement patterns* | *Master basic movements, developing balance, agility and co-ordination.* | *Participate in team games, developing simple tactics for attacking and defending.* | *Master basic movements, developing balance, agility and co-ordination. .* | *Participate in team games, developing simple tactics for attacking and defending.* |

**Year 2**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Teaching Activities/ Skills** | Multiskills – Aiming, hitting and kicking  Multiskills – Throwing and catching | Gymnastics | Dance – storybook approach | Multiskills – Sending and Receiving | Multiskills – Invasion Games | Athletics (2 running, 2 jumping, 2 throwing)  OAA |
| **Resources to support teaching** | Get Set 4 PE  TOP Play cards | Get Set 4 PE  TOP Play cards | Get Set 4 PE | Get Set 4 PE | Get Set 4 PE  TOP Play cards | Get Set 4 PE  OAA Handbook |
| **Link to Upcoming Festivals** | KS1 Multiskills |  |  |  |  |  |
| **National Curriculum Link** | *Master basic movements, developing balance, agility and co-ordination.* | *Participate in team games, developing simple tactics for attacking and defending.* | *Perform dances using simple movement patterns* | *Master basic movements, developing balance, agility and co-ordination.* | *Master basic movements including throwing and catching* | *Participate in team games* |

**Year 3**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Teaching Activities/ Skills** | Games – Invasion Games (Hockey) | Dance – Thematic Approach | Gymnastics | Games – Ball Skills  Football | Games Activities – Striking and Fielding (Tri-Golf) | Athletics (2 running, 2 jumping, 2 throwing)  OAA |
| **Resources to support teaching** | Get Set 4 PE  Quicksticks Guidelines  School Games Cards | Get Set 4 PE  School Games Cards | Get Set 4 PE  School Games Cards | Get Set 4 PE  School Games Cards | Get Set 4 PE | Get Set 4 PE  OAA Handbook |
| **Link to Upcoming Festivals** |  |  |  | Y3/4 Hockey  Girls football | Tennis Festival  Tri Golf Festival | KS2 Athletics |
| **National Curriculum Link** | *Play competitive games and apply principles for attacking and defending.* | *Develop flexibility, strength, technique, control and balance*  *Perform dances using a range of movements patterns.* | *Develop flexibility, strength, technique, control and balance* | *Play competitive games and apply principles for attacking and defending.* | *Play competitive games and apply principles for attacking and defending.* | *Use running and jumping in isolation and in combination.*  *Take part in outdoor and adventurous activity challenges both individually and in a team.* |

**Year 4**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Teaching Activities/ Skills** | Games Activities – Striking and Fielding (Cricket/ Rounders) | Games Activities – Invasion Games (Tag Rugby) | Dance – Thematic approach | Gymnastics | Games Activities – Net/ Wall (Tennis) | Athletics (2 running, 2 jumping, 2 throwing)  OAA |
| **Resources to support teaching** | Get Set 4 PE  School Games Cards | Get Set 4 PE  School Games Cards | Get Set 4 PE | Val Sabin – Primary School Gymnastics  School Games Cards | Get Set 4 PE  School Games Cards | Get Set 4 PE  Elevating Athletics |
| **Link to Upcoming Festivals** |  |  |  | Y3/4 Hockey | Tennis Festival  Tri Golf Festival | KS2 Athletics |
| **National Curriculum Link** | *Play competitive games and apply principles for attacking and defending.* | *Play competitive games and apply principles for attacking and defending.* | *Perform dances using simple movement patterns* | *Develop flexibility, strength, technique, control and balance* | *Play competitive games and apply principles for attacking and defending.* | *Use running and jumping in isolation and in combination.*  *Take part in outdoor and adventurous activity challenges both individually and in a team.* |

**Year 5**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Teaching Activities/ Skills** | Athletics (2 running, 2 jumping, 2 throwing)  Cross Country | Gymnastics | Games Activities – Dodgeball | Dance – Thematic Approach | Games Activities – Tennis | Games Activities – Rounders  OAA |
| **Resources to support teaching** | Get Set 4 PE | Get Set 4 PE  School Games Cards | Get Set 4 PE  School Games Cards | Get Set 4 PE | Get Set 4 PE  School Games Cards | Get Set 4 PE  Elevating Athletics |
| **Link to Upcoming Festivals** |  | Cross Country KS2 |  | Dance Festival | Year 5/6 Netball League  Year 5/6 Orienteering | KS2 Athletics |
| **National Curriculum Link** | *Play competitive games and apply principles for attacking and defending.*  *Use running and jumping in isolation and in combination.* | *Develop flexibility, strength, technique, control and balance,* | *Play competitive games and apply principles for attacking and defending.* | *Perform dances using a range of movements patterns.*  *,* | *Play competitive games and apply principles for attacking and defending.*  *Use throwing and catching in isolation and in combination.* | *Use running and jumping in isolation and in combination.*  *Take part in outdoor and adventurous activity challenges both individually and in a team.* |

**Year 6**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Teaching Activities/ Skills** | Games Activities – Football  Cross Country | Gymnastics | Games - Netball | Dance – Thematic Approach | Games Activities – Basketball OR Handball | Athletics (2 running, 2 jumping, 2 throwing)  OAA |
| **Resources to support teaching** | Get Set 4 PE  School Games Cards | Get Set 4 PE  School Games Cards | Get Set 4 PE  School Games Cards | Get Set 4 PE | Get Set 4 PE | Get Set 4 PE |
| **Link to Upcoming Festivals** | Ks2 Football tournament | Cross Country KS2 |  | Dance Festival | Year 5/6 Netball League  Year 5/6 Orienteering | KS2 Athletics |
| **National Curriculum Link** | *Play competitive games and apply principles for attacking and defending.* | *Develop flexibility, strength, technique, control and balance,* | *Play competitive games and apply principles for attacking and defending.* | *Perform dances using a range of movements patterns.* | *Play competitive games and apply principles for attacking and defending.* | *Use running and jumping in isolation and in combination.*  *Take part in outdoor and adventurous activity challenges both individually and in a team.* |