**Reception (EYFS)**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1**  | **Summer 2**  |
| **Teaching Activities/ Skills** | Fundamentals Unit 1 & 2  | Multiskills – Ball Skills  | Gymnastics  | Games – Unit 2Throwing and Catching  | Dance – Storybook approach | OAAAthletics (2 running, 2 jumping, 2 throwing) |
| **Resources to support teaching**  | Get Set 4 PE | Get Set 4 PETOP Play cards | Get Set 4 PE | Get Set 4 PE | Get Set 4 PETOP Play cards | OAA Folder TOP Play cards |
| **Link to Upcoming Festivals** |  |  |  |  |  |  |

**Year 1**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1**  | **Summer 2**  |
| **Teaching Activities/ Skills** | Multiskills – Sending and receiving (large ball)Multiskills – Target games  | Dance – Storybook approach  | Gymnastics  | Multiskills – Net and Wall  | Athletics (2 running, 2 jumping, 2 throwing) | Multiskills – Striking and Fielding OAA – Team Building  |
| **Resources to support teaching**  | Get Set 4 PE TOP Play cards | Get Set 4 PE TOP Play cards | Get Set 4 PE  | Get Set 4 PETOP Play cardsQCA core task cards | Get Set 4 PEElevating Athletics | Get Set 4 PETOP Play cards |
| **Link to Upcoming Festivals** | KS1 Multiskills  |  |  |  |  |  |
| **National Curriculum Link**  | *Master basic movements including throwing and catching*  | *Perform dances using simple movement patterns* | *Master basic movements, developing balance, agility and co-ordination.*  | *Participate in team games, developing simple tactics for attacking and defending.*  | *Master basic movements, developing balance, agility and co-ordination. .*  | *Participate in team games, developing simple tactics for attacking and defending.*  |

**Year 2**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1**  | **Summer 2**  |
| **Teaching Activities/ Skills** | Multiskills – Aiming, hitting and kicking Multiskills – Throwing and catching | Gymnastics  | Dance – storybook approach | Multiskills – Sending and Receiving  | Multiskills – Invasion Games  | Athletics (2 running, 2 jumping, 2 throwing)OAA  |
| **Resources to support teaching** | Get Set 4 PETOP Play cards | Get Set 4 PETOP Play cards | Get Set 4 PE | Get Set 4 PE | Get Set 4 PE TOP Play cards | Get Set 4 PE OAA Handbook  |
| **Link to Upcoming Festivals** | KS1 Multiskills  |  |  |  |  |  |
| **National Curriculum Link**  | *Master basic movements, developing balance, agility and co-ordination.*  | *Participate in team games, developing simple tactics for attacking and defending.*  | *Perform dances using simple movement patterns* | *Master basic movements, developing balance, agility and co-ordination.*  | *Master basic movements including throwing and catching* | *Participate in team games* |

**Year 3**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1**  | **Summer 2**  |
| **Teaching Activities/ Skills** | Games – Invasion Games (Hockey) | Dance – Thematic Approach | Gymnastics  | Games – Ball SkillsFootball  | Games Activities – Striking and Fielding (Tri-Golf)  | Athletics (2 running, 2 jumping, 2 throwing)OAA |
| **Resources to support teaching**  | Get Set 4 PEQuicksticks GuidelinesSchool Games Cards | Get Set 4 PESchool Games Cards | Get Set 4 PESchool Games Cards | Get Set 4 PESchool Games Cards | Get Set 4 PE | Get Set 4 PEOAA Handbook |
| **Link to Upcoming Festivals** |  |  |  | Y3/4 HockeyGirls football | Tennis Festival Tri Golf Festival | KS2 Athletics  |
| **National Curriculum Link**  | *Play competitive games and apply principles for attacking and defending.* | *Develop flexibility, strength, technique, control and balance* *Perform dances using a range of movements patterns.*  | *Develop flexibility, strength, technique, control and balance*  | *Play competitive games and apply principles for attacking and defending.* | *Play competitive games and apply principles for attacking and defending.* | *Use running and jumping in isolation and in combination.* *Take part in outdoor and adventurous activity challenges both individually and in a team.* |

**Year 4**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1**  | **Summer 2**  |
| **Teaching Activities/ Skills** | Games Activities – Striking and Fielding (Cricket/ Rounders) | Games Activities – Invasion Games (Tag Rugby) | Dance – Thematic approach | Gymnastics  | Games Activities – Net/ Wall (Tennis) | Athletics (2 running, 2 jumping, 2 throwing)OAA |
| **Resources to support teaching** | Get Set 4 PESchool Games Cards | Get Set 4 PESchool Games Cards | Get Set 4 PE | Val Sabin – Primary School GymnasticsSchool Games Cards | Get Set 4 PESchool Games Cards | Get Set 4 PEElevating Athletics |
| **Link to Upcoming Festivals** |  |  |  | Y3/4 Hockey | Tennis Festival Tri Golf Festival  | KS2 Athletics  |
| **National Curriculum Link**  | *Play competitive games and apply principles for attacking and defending.* | *Play competitive games and apply principles for attacking and defending.* | *Perform dances using simple movement patterns* | *Develop flexibility, strength, technique, control and balance*  | *Play competitive games and apply principles for attacking and defending.* | *Use running and jumping in isolation and in combination.* *Take part in outdoor and adventurous activity challenges both individually and in a team.* |

**Year 5**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1**  | **Summer 2**  |
| **Teaching Activities/ Skills** | Athletics (2 running, 2 jumping, 2 throwing)Cross Country  | Gymnastics  | Games Activities – Dodgeball | Dance – Thematic Approach | Games Activities – Tennis  | Games Activities – Rounders OAA |
| **Resources to support teaching**  | Get Set 4 PE | Get Set 4 PESchool Games Cards | Get Set 4 PESchool Games Cards | Get Set 4 PE | Get Set 4 PESchool Games Cards | Get Set 4 PEElevating Athletics |
| **Link to Upcoming Festivals** |  | Cross Country KS2  |  | Dance Festival  | Year 5/6 Netball League Year 5/6 Orienteering  | KS2 Athletics  |
| **National Curriculum Link**  | *Play competitive games and apply principles for attacking and defending.**Use running and jumping in isolation and in combination.*  | *Develop flexibility, strength, technique, control and balance,*  | *Play competitive games and apply principles for attacking and defending.* | *Perform dances using a range of movements patterns.**,*  | *Play competitive games and apply principles for attacking and defending.**Use throwing and catching in isolation and in combination.*  | *Use running and jumping in isolation and in combination.* *Take part in outdoor and adventurous activity challenges both individually and in a team.* |

**Year 6**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1**  | **Summer 2**  |
| **Teaching Activities/ Skills** | Games Activities – Football Cross Country  | Gymnastics  | Games - Netball  | Dance – Thematic Approach | Games Activities – Basketball OR Handball  | Athletics (2 running, 2 jumping, 2 throwing)OAA  |
| **Resources to support teaching**  | Get Set 4 PESchool Games Cards | Get Set 4 PESchool Games Cards | Get Set 4 PESchool Games Cards | Get Set 4 PE | Get Set 4 PE | Get Set 4 PE |
| **Link to Upcoming Festivals** | Ks2 Football tournament | Cross Country KS2  |  | Dance Festival  | Year 5/6 Netball League Year 5/6 Orienteering  | KS2 Athletics  |
| **National Curriculum Link**  | *Play competitive games and apply principles for attacking and defending.* | *Develop flexibility, strength, technique, control and balance,*  | *Play competitive games and apply principles for attacking and defending.* | *Perform dances using a range of movements patterns.* | *Play competitive games and apply principles for attacking and defending.* | *Use running and jumping in isolation and in combination.* *Take part in outdoor and adventurous activity challenges both individually and in a team.* |