### Reception (EYFS)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Teaching Activities/ Skills	Fundamentals Unit 1 & 2	Multiskills – Ball Skills	Gymnastics	Games — Unit 2 Throwing and Catching	Dance – Storybook approach	OAA  Athletics (2 running, 2 jumping, 2 throwing)
Resources to support teaching	Get Set 4 PE	Get Set 4 PE TOP Play cards	Get Set 4 PE	Get Set 4 PE	Get Set 4 PE TOP Play cards	OAA Folder  TOP Play cards
Link to Upcoming Festivals						

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Teaching Activities/ Skills	Multiskills – Sending and receiving (large ball) Multiskills – Target games	Dance – Storybook approach	Gymnastics	Multiskills – Net and Wall	Athletics (2 running, 2 jumping, 2 throwing)	Multiskills – Striking and Fielding OAA – Team Building
Resources to	Get Set 4 PE	Get Set 4 PE	Get Set 4 PE	Get Set 4 PE	Get Set 4 PE	Get Set 4 PE
support teaching	TOP Play cards	TOP Play cards		TOP Play cards  QCA core task cards	Elevating Athletics	TOP Play cards
Link to				KS1 Multiskills		
Upcoming Festivals						
National Curriculum Link	Master basic movements including throwing and catching	Perform dances using simple movement patterns	Master basic movements, developing balance, agility and co- ordination.	Participate in team games, developing simple tactics for attacking and defending.	Master basic movements, developing balance, agility and co- ordination.	Participate in team games, developing simple tactics for attacking and defending.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Teaching Activities/ Skills	Multiskills – Aiming, hitting and kicking Multiskills – Throwing and catching	Gymnastics	Dance – storybook approach	Multiskills – Sending and Receiving	Multiskills – Invasion Games	Athletics (2 running, 2 jumping, 2 throwing)
Resources to support teaching	Get Set 4 PE TOP Play cards	Get Set 4 PE TOP Play cards	Get Set 4 PE	Get Set 4 PE	Get Set 4 PE TOP Play cards	Get Set 4 PE OAA Handbook
Link to Upcoming Festivals National Curriculum Link	Master basic movements, developing balance, agility and co- ordination.	Participate in team games, developing simple tactics for attacking and defending.	Perform dances using simple movement patterns	Master basic movements, developing balance, agility and co- ordination.	Master basic movements including throwing and catching	Participate in team games
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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Teaching Activities/ Skills	Games – Invasion Games (Hockey)	Dance – Thematic Approach	Swimming Gymnastics	Swimming  Games – Ball Skills  Football	Games Activities – Striking and Fielding (Tri-Golf)	Athletics (2 running, 2 jumping, 2 throwing)
Resources to support teaching	Get Set 4 PE  Quicksticks Guidelines	Get Set 4 PE School Games Cards	Get Set 4 PE School Games Cards	Get Set 4 PE School Games Cards	Get Set 4 PE	Get Set 4 PE OAA Handbook
Link to Upcoming Festivals	School Games Cards			Y <sub>3</sub> / <sub>4</sub> Quicksticks Hockey	Tennis Festival  Tri Golf Festival	KS <sub>2</sub> Athletics
National Curriculum Link	Play competitive games and apply principles for attacking and defending.	Develop flexibility, strength, technique, control and balance Perform dances using a range of movements patterns.	Develop flexibility, strength, technique, control and balance	Play competitive games and apply principles for attacking and defending.	Play competitive games and apply principles for attacking and defending.	Use running and jumping in isolation and in combination.  Take part in outdoor and adventurous activity challenges both individually and in a team.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Teaching Activities/ Skills	Swimming  Games Activities – Striking and Fielding (Cricket/ Rounders)	Swimming  Games Activities – Invasion Games (Tag Rugby)	Dance – Thematic approach	Gymnastics	Games Activities – Net/ Wall (Tennis)	Athletics (2 running, 2 jumping, 2 throwing)
Resources to support teaching	Get Set 4 PE	Get Set 4 PE	Get Set 4 PE	Val Sabin – Primary School Gymnastics	Get Set 4 PE	Get Set 4 PE
	School Games Cards	School Games Cards		School Games Cards	School Games Cards	Elevating Athletics
Link to Upcoming Festivals				Y3/4 Quicksticks Hockey	Tennis Festival Tri Golf Festival	KS <sub>2</sub> Athletics
National Curriculum Link	Play competitive games and apply principles for attacking and defending.	Play competitive games and apply principles for attacking and defending.	Perform dances using simple movement patterns	Develop flexibility, strength, technique, control and balance	Play competitive games and apply principles for attacking and defending.	Use running and jumping in isolation and in combination.  Take part in outdoor and
						adventurous activity challenges both individually and in a team.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Teaching Activities/ Skills	Athletics (2 running, 2 jumping, 2 throwing)  Cross Country	Gymnastics	Games Activities – Dodgeball	Dance – Thematic Approach	Games Activities – Tennis	Games Activities – Rounders
Resources to	Get Set 4 PE	Get Set 4 PE	Get Set 4 PE	Get Set 4 PE	Get Set 4 PE	Get Set 4 PE
support teaching		School Games Cards	School Games Cards		School Games Cards	Elevating Athletics
Link to Upcoming Festivals		Cross Country KS2		Dance Festival	Year 5/6 Netball League Year 5/6 Orienteering	KS2 Athletics
National Curriculum Link	Play competitive games and apply principles for attacking and defending.  Use running and jumping in isolation and in combination.	Develop flexibility, strength, technique, control and balance,	Play competitive games and apply principles for attacking and defending.	Perform dances using a range of movements patterns.	Play competitive games and apply principles for attacking and defending.  Use throwing and catching in isolation and in combination.	Use running and jumping in isolation and in combination.  Take part in outdoor and adventurous activity challenges both individually and in a team.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Teaching Activities/ Skills	Games Activities – Football Cross Country	Gymnastics	Games - Netball	Dance – Thematic Approach	Games Activities – Basketball OR Handball	Athletics (2 running, 2 jumping, 2 throwing)
Resources to	Get Set 4 PE	Get Set 4 PE	Get Set 4 PE	Get Set 4 PE	Get Set 4 PE	Get Set 4 PE
support teaching	School Games Cards	School Games Cards	School Games Cards			
Link to Upcoming Festivals		Cross Country KS2		Dance Festival	Year 5/6 Netball League	KS <sub>2</sub> Athletics
					Year 5/6 Orienteering	
National Curriculum Link	Play competitive games and apply principles for attacking and defending.	Develop flexibility, strength, technique, control and balance,	Play competitive games and apply principles for attacking and defending.	Perform dances using a range of movements patterns.	Play competitive games and apply principles for attacking and defending.	Use running and jumping in isolation and in combination.
						Take part in outdoor and adventurous activity challenges both individually and in a team.