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CHADDESLEY CORBETT ENDOWED PRIMARY & PRE-SCHOOL

Threadworms

A case of threadworms has been reported in the Early Years Foundation Stage. This information provides advice and information regarding threadworms and what to do.

Threadworms, or Enterobius vermicularis, are small intestinal worm parasites that infect the intestines of humans. The threadworm, sometimes called a pinworm, is the most common worm parasite infestation of children in the UK.

The symptoms of threadworm include itching around the anus and a lack of sleep. However, the symptoms do not always present themselves.

A pharmacist can help with threadworms

You can buy medicine <u>mebendazole</u> for threadworms from pharmacies. This is usually a chewable tablet or liquid you swallow. Treat everyone over 2 years old in your household, even if they do not have symptoms.

Tell the pharmacist if you need to treat a child under 2 years old, or if you're pregnant or breastfeeding. Treatment might not be suitable and you may need to speak to a GP.

If you cannot take medicine you can treat threadworms by using hygiene methods for 6 weeks.

Things you should do at home for threadworms

Medicine kills the threadworms, but it does not kill the eggs. Eggs can live for up to 2 weeks outside the body.

There are things you can do to stop becoming infected again. Do these for 2 weeks if you're taking medicine, or for 6 weeks if you're not taking medicine.

worcestershire hands and scrub under fingernails - particularly before eating, after using

- encourage children to wash hands regularly
- shower every morning
- rinse toothbrushes before using them
- keep fingernails short
- wash sleepwear, sheets, towels and soft toys (at a hot temperature) every day for several days after treatment
- disinfect kitchen and bathroom surfaces, using hot water
- vacuum and dust with a damp cloth
- make sure everyone in the household wears underwear at night and changes it in the morning

Dont

- do not shake clothing or bedding, to prevent eggs landing on other surfaces
- do not share towels or flannels
- do not bite nails or suck thumbs and fingers

Important: Nursery, Pre-School & School

If you or your child has threadworms there's no need for your child to stay off
nursery, pre-school or school

For further information and advice please click on the link below:https://www.nhs.uk/conditions/threadworms/